Recovery-Friendly Worksheet

Take a moment to consider what your workplace can do to facilitate the availability and use of recovery supports:

[ ]  Include information that helps individuals find in person and online support groups through employee intranet/slim wiki and/or human resource materials that are easily viewable and widely available by employees.

[ ]  Place posters that decrease stigma and offer education and support in the workplace. Links to a range of free posters including the recovery bill of rights can be found on the resources page

[ ]  Offer brownbag education sessions for employees and supervisors

[ ]  Ensure company social events are alcohol free and support recovery

[ ]  Partner with local organizations to implement national recovery month activities, education, and events

[ ]  Discuss the availability of telephone recovery support and peer recovery coaches with recovery community organization and health insurers

[ ]  Consider in kind support such as meeting rooms for support groups, brochure design, printing, photo copying, donating office equipment and volunteering for events with community organizations

[ ]  Partner with community organizations to host a medication take back/safe disposal day to help employees get rid of unused prescription medication to ensure it stays out of the hands of individuals who might misuse the medication