Recovery-Friendly Worksheet

Take a moment to consider what your workplace can do to facilitate the availability and use of recovery supports:

Include information that helps individuals find in person and online support groups through employee intranet/slim wiki and/or human resource materials that are easily viewable and widely available by employees.

Place posters that decrease stigma and offer education and support in the workplace. Links to a range of free posters including the recovery bill of rights can be found on the resources page

Offer brownbag education sessions for employees and supervisors

Ensure company social events are alcohol free and support recovery

Partner with local organizations to implement national recovery month activities, education, and events

Discuss the availability of telephone recovery support and peer recovery coaches with recovery community organization and health insurers

Consider in kind support such as meeting rooms for support groups, brochure design, printing, photo copying, donating office equipment and volunteering for events with community organizations

Partner with community organizations to host a medication take back/safe disposal day to help employees get rid of unused prescription medication to ensure it stays out of the hands of individuals who might misuse the medication